

## coffeeberry: the latest antioxidant

The skin-care industry is abuzz over CoffeeBerry, an extract of the coffee plant being touted as the latest-and-greatest anti-aging antioxidant. In fact, CoffeeBerry is actually a trademarked extract sourced from the flesh of the partially ripe coffee cherry, the coffee plant's fruit. Field workers picking the fruit first discovered CoffeeBerry's anti-aging properties quite accidentally, after noticing a surprising smoothness, firmness and lack of sun spots on the skin of their lower arms and hands. RevaléSkin formulated its new skin-care line with this potent extract, which has a very high concentration of polyphenol antioxidants. "I recommend CoffeeBerry in a topical preparation, as it is shown to have very high antioxidative properties, and helps to stimulate new collagen formation," says Sacramento, California, dermatologist Suzanne Kilmer, MD. "The anti-inflammatory properties in CoffeeBerry make it especially useful for skin conditions such as acne and eczema." *Starting at \$40; visit [revaléskin.com](http://revaléskin.com) for a doctor's office near you*



Brew **Tracy Stern Toxic Beauty Salon Tea** at your next tea party. This herb-infused green tea is packed with antioxidants, ginkgo, lemongrass and botanicals. *\$24; [tracystern.com](http://tracystern.com)*



**Luna Tea Cakes** come in green and white tea formulations, and contain antioxidant-rich ingredients like blueberry and pomegranate. *\$1.49 each; visit [lunabar.com](http://lunabar.com) for retail locations*



**First Blush's** refreshing translations of classic cabernet, merlot, rose and chardonnay grapes yield nonalcoholic juices that are rich in polyphenol antioxidants. *\$3.99; Whole Foods stores nationwide*



**Waiora's** bio-available [translation: immediately absorbed into your system] **Essential Daily Nutrients** beverage offers vitamins, minerals and polyphenols fused with nutrient-dense açai and goji berries. *\$49.95 for four; [waiora.com](http://waiora.com)*

**Oral Fixation** Antioximints satisfy sweet-tooth cravings while providing healthy doses of green tea. *\$2.99; [oralfix.com](http://oralfix.com)*

